



FEMALE SEXUAL FUNCTION INDEX (FSFI)

Patient Name: _____ Dob: _____ Date: _____

INSTRUCTIONS: These questions ask about your sexual feelings and responses during the past 4 weeks. Please answer the following questions as honestly and clearly as possible. Your answers will assist our office in trying to enhance your overall experience and individualized treatment. Check only one box per question. Your responses will be kept completely confidential.

In answering these questions, the following definitions apply:

Sexual activity can include caressing, foreplay, masturbation and vaginal intercourse.

Sexual intercourse is defined as penile penetration (entry) of the vagina.

Sexual stimulation includes situations like foreplay with a partner, self-stimulation, or sexual fantasy.

Sexual desire or interest is a feeling that includes wanting to have a sexual experience, feeling receptive to partner's sexual initiation, and thinking or fantasizing about having sex.

Sexual arousal is a feeling that includes both physical and mental aspects of sexual excitement. It may include feelings of warmth or tingling in the genitals, lubrication (wetness), or muscle contractions.

1. Over the past 4 weeks, how often did you feel sexual desire or interest? ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

2. Over the past 4 weeks, how would you rate your level (degree) of sexual desire or interest? ___ 5 = Very high ___ 4 = High ___ 3 = Moderate ___ 2 = Low ___ 1 = Very low or none at all

3. Over the past 4 weeks, how often did you feel sexually aroused ("turned on") during sexual activity or intercourse? ___ 0 No sexual activity ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

4. Over the past 4 weeks, how would you rate your level of sexual arousal ("turn on") during sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Very high ___ 4 = High ___ 3 = Moderate ___ 2 = Low ___ 1 = Very low or none at all

5. Over the past 4 weeks, how confident were you about becoming sexually aroused during sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Very high confidence ___ 4 = High confidence ___ 3 = Moderate confidence ___ 2 = Low confidence ___ 1 = Very low or no confidence

6. Over the past 4 weeks, how often have you been satisfied with your arousal (excitement) during sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

7. Over the past 4 weeks, how often did you become lubricated ("wet") during sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

8. Over the past 4 weeks, how difficult was it to become lubricated ("wet") during sexual activity or intercourse? ___ 0 = No sexual activity ___ 1 = Extremely difficult or impossible ___ 2 = Very difficult ___ 3 = Difficult ___ 4 = Slightly difficult ___ 5 = Not difficult

9. Over the past 4 weeks, how often did you maintain your lubrication ("wetness") until completion of sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

10. Over the past 4 weeks, how difficult was it to maintain your lubrication ("wetness") until completion of sexual activity or intercourse? ___ 0 = No sexual activity ___ 1 = Extremely difficult or impossible ___ 2 = Very difficult ___ 3 = Difficult ___ 4 = Slightly difficult ___ 5 = Not difficult

11. Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you reach orgasm (climax)? ___ 0 = No sexual activity ___ 5 = Almost always or always ___ 4 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 2 = A few times (less than half the time) ___ 1 = Almost never or never

12. Over the past 4 weeks, when you had sexual stimulation or intercourse, how difficult was it for you to reach orgasm (climax)? ___ 0 = No sexual activity ___ 1 = Extremely difficult or impossible ___ 2 = Very difficult ___ 3 = Difficult ___ 4 = Slightly difficult ___ 5 = Not difficult

13. Over the past 4 weeks, how satisfied were you with your ability to reach orgasm (climax) during sexual activity or intercourse? ___ 0 = No sexual activity ___ 5 = Very satisfied ___ 4 = Moderately satisfied ___ 3 = About equally satisfied and dissatisfied ___ 2 = Moderately dissatisfied ___ 1 = Very dissatisfied

14. Over the past 4 weeks, how satisfied have you been with the amount of emotional closeness during sexual activity between you and your partner? ___ 0 = No sexual activity ___ 5 = Very satisfied ___ 4 = Moderately satisfied ___ 3 = About equally satisfied and dissatisfied ___ 2 = Moderately dissatisfied ___ 1 = Very dissatisfied

15. Over the past 4 weeks, how satisfied have you been with your sexual relationship with your partner? ___ 5 = Very satisfied ___ 4 = Moderately satisfied ___ 3 = About equally satisfied and dissatisfied ___ 2 = Moderately dissatisfied ___ 1 = Very dissatisfied

16. Over the past 4 weeks, how satisfied have you been with your overall sexual life? ___ 5 = Very satisfied ___ 4 = Moderately satisfied ___ 3 = About equally satisfied and dissatisfied ___ 2 = Moderately dissatisfied ___ 1 = Very dissatisfied

17. Over the past 4 weeks, how often did you experience discomfort or pain during vaginal penetration? ___ 0 = Did not attempt intercourse ___ 1 = Almost always or always ___ 2 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 4 = A few times (less than half the time) ___ 5 = Almost never or never

18. Over the past 4 weeks, how often did you experience discomfort or pain following vaginal penetration? ___ 0 = Did not attempt intercourse ___ 1 = Almost always or always ___ 2 = Most times (more than half the time) ___ 3 = Sometimes (about half the time) ___ 4 = A few times (less than half the time) ___ 5 = Almost never or never

19. Over the past 4 weeks, how would you rate your level (degree) of discomfort or pain during or following vaginal penetration? ___ 0 = Did not attempt intercourse ___ 1 = Very high ___ 2 = High ___ 3 = Moderate ___ 4 = Low ___ 5 = Very low or none at all

FSFI Score: _____